

## **Clomifene / Letrozole Ovulation Induction Continuing the Treatment**

Recent blood tests have indicated that ovulation (an egg is being released from the ovary), is occurring as a result of the Ovulation Induction treatment. Therefore, no further blood tests are required to monitor your current medicated cycle.

As long as your periods stay regular (a normal cycle length is between 25-42 days) you should continue taking the same dose of medication from days 2-6 of fresh red bleeding and full flow menstruation each cycle (Do not count brown blood or spotting as Day 1).

**If your period has not arrived by Day 43 of your cycle, please carry out a home pregnancy test (with an early morning specimen of urine) and then contact the fertility clinic with the result.**

If your pregnancy test is negative, please contact the Fertility Clinic on day 1 of your next period so that we can send out your blood test forms for progesterone to test for ovulation in your new cycle.

A healthy weight (BMI 19 -25) would give you the best chance of ovulation continuing. Your BMI needs to remain below 30 to continue treatment.

It is very important to continue on a daily Folic Acid supplement.

If a pregnancy has not occurred after 3 cycles with proven ovulation on the medication, your treatment will be reviewed by the Fertility Clinic team.

If your fallopian tubes have not been checked for blockages this can be discussed and a HyCosy or HSG test requested. However, please note that you cannot take the medication or attempt pregnancy in the cycle when you will have the tube test performed.

If you have any queries or concerns, please contact the Fertility nurses on 01733-673750 (24-hour answerphone) or by email at [nwangliaft.fertility@nhs.net](mailto:nwangliaft.fertility@nhs.net)

Peterborough City Hospital, Edith Cavell Campus, Bretton Gate, Peterborough, PE3 9GZ

Hinchingbrooke Hospital, Hinchingbrooke Park, Huntingdon, Cambridgeshire, PE29 6NT