

Welcome to Women's Health Inpatient Ward

Following your pre-admission clinic visit, here is some further information you may find useful:

- Remember to check your admission letter for details about stopping eating/drinking.
- You will be admitted to a sitting area on the ward where you will see the Surgeon, Anaesthetist and a member of the nursing team, who will prepare you for theatre. You will have a bed ready for you on your return from surgery.
- Please do not bring in large amounts of jewellery or cash. We do not take responsibility for any valuable items you keep with you.
- Please remove makeup, jewellery and nail varnish on the day of your operation.
- Please bring with you all the medicines you normally use.
- Please bring a dressing gown and slippers, as you will walk to theatre with a theatre porter or be taken on a wheelchair.
- Sanitary towels are **not** routinely provided. Therefore please ensure that you have some with you. Tampons are not recommended.
- Please bring your wash bag, towel and nightwear if you are expecting to stay overnight.
- Visiting times are 2.00 p.m. to 4.00 pm. and 6.00 p.m. to 8.00 p.m. in line with Trust policy. On the day of your surgery it is advisable to have only one close friend or family member to visit.
- The ward discourages flowers.
- Should your family and friends wish to enquire how you are the contact number is **(01733) 677460**. However, this is an extremely busy ward and it would be appreciated if only one person rang and kept other family and friends informed. They will not be able to talk to you on this line.
- On the day of discharge you may be asked to wait for your lift or medications in our discharge lounge or the waiting area on the ward so the bed can be available for other patients.
- Finally we hope that you have a comfortable stay. Should you have any queries please do not hesitate to ask a member of staff.

Within this leaflet we use the term woman/women, however we acknowledge that it is not only people who identify as women for whom it is necessary to access our services. We recognise the importance of providing inclusive and respectful care to all people and their families, including those whose gender identity does not align with the sex they were assigned at birth. Please let us know if there is anything we can do to make you feel more comfortable while you are under our care.

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